#### RACE TIME ORDER

	0:04:00	
2 140 Ian Norman Male Heaton Harriers & AC 60 00:29:56 00:0		00:33:12
50	0:07:00	00:36:56
3 69 Richard Bateson Male <b>Blyth Running Club</b> 41 <b>00:30:23</b> 00:0	0:02:00	00:32:23
4 56 David Gribben Male <i>Houghton Harriers &amp; AC</i> 62 <b>00:30:54</b> 00:0	0:07:00	00:37:54
5 29 Andrew Heppell Male Gosforth Harriers & AC 44 <b>00:31:16</b> 00:0	0:02:00	00:33:16
6 201 Gary Jones Male <i>Morpeth Harriers &amp; AC</i> 42 <b>00:31:26</b> 00:0	0:02:00	00:33:26
7 191 Lee Bennett Male <i>Morpeth Harriers &amp; AC</i> 52 <b>00:31:28</b> 00:0	0:04:00	00:35:28
8 188 John Butters Male <i>Morpeth Harriers &amp; AC</i> 46 <b>00:31:50</b> 00:0	0:03:00	00:34:50
9 115 Patrick Houghton Male North Shields Polytechnic Club 41 00:31:59 00:0	0:02:00	00:33:59
10         76         Ryan         Eden         Male         North Shields Polytechnic Club         17         00:32:22         00:0	0:02:00	00:34:22
11         106         Charles         Hall         Male         North Shields Polytechnic Club         65         00:32:51         00:0	0:09:00	00:41:51
12 184 Steve Boddy Male Gosforth Harriers & AC 55 <b>00:32:56</b> 00:0	0:05:00	00:37:56
13 66 John Rippon Male Derwent Valley Trail Runners 57 00:33:08 00:0	0:05:00	00:38:08
14         178         James         McNaney         Male         Elvet Striders         36         00:33:16         00:0	0:00:00	00:33:16
15 157 Peter Milburn Male 62 <b>00:33:32</b> 00:0	0:07:00	00:40:32
16         199         Allan         Renwick         Male         Elvet Striders         53         00:33:43         00:0	0:04:00	00:37:43
17 127 Heather Christopher Female Blyth Running Club 52 00:33:46 00:0	0:09:00	00:42:46
18         101         Geoff         Hewitson         Male         Crook & Dist Sports AC         64         00:34:17         00:0	0:07:00	00:41:17
19         97         Paul         O'Mara         Male         Tyne Bridge Harriers         37         00:34:21         00:0	0:00:00	00:34:21
20 35 Ann Birchall Female Ashington Hirst Running Club 57 00:34:51 00:1	):11:00	00:45:51
21 172 Helen Heaney Female North Shields Polytechnic Club 47 00:34:57 00:0	0:08:00	00:42:57
22         96         Steve         Sadler         Male         Richmond & Zetland Harriers         58         00:35:03         00:0	0:05:00	00:40:03
24         86         Nina         Cameron         Female         Heaton Harriers & AC         52         00:35:10         00:0	0:09:00	00:44:10
23   137   Julie   Cross   Female   Claremont Road Runners   56   00:35:10   00:1	):11:00	00:46:10
25 82 David Shields Male <b>Blyth Running Club</b> 51 <b>00:35:18</b> 00:0	0:04:00	00:39:18
26 2 Russell Dickinson-Deane Male Newcastle Frontrunners 55 00:35:23 00:0	0:05:00	00:40:23
27         176         Richard         Johnson         Male         Morpeth Harriers & AC         32         00:35:25         00:0	0:00:00	00:35:25
28 51 Colin Hodgson Male Derwent Valley Trail Runners 57 00:35:30 00:0	0:05:00	00:40:30
29 164 John Laws Male <b>North Shields Polytechnic Club</b> 65 <b>00:35:32</b> 00:0	0:09:00	00:44:32
30 67 Ricky Davidson Male North Shields Polytechnic Club 46 00:35:37 00:0	0:03:00	00:38:37
31 175 Mark Snowball Male <i>Morpeth Harriers &amp; AC</i> 32 <b>00:35:41</b> 00:0	0:00:00	00:35:41
32 117 Nicholas Lavin Male Heaton Harriers & AC 26 00:35:45 00:0	0:00:00	00:35:45
33 124 Dan Tobin Male Wallsend Harriers & AC 48 00:36:06 00:0	0:03:00	00:39:06
34         181         Jon         French         Male         North Shields Polytechnic Club         42         00:36:23         00:0	0:02:00	00:38:23
35 6 Andrew Dippie Male <i>Morpeth Harriers &amp; AC</i> 62 <b>00:36:25</b> 00:0	0:07:00	00:43:25
36   128   David   Nolan   Male   Low Fell RC   34   00:36:27   00:0	0:00:00	00:36:27
37 194 John Tollitt Male <i>Tyne Bridge Harriers</i> 58 <b>00:36:28</b> 00:0	0:05:00	00:41:28
38         55         Martin         Randall         Male         Swaledale Runners         51         00:36:31         00:0	0:04:00	00:40:31
39 167 Andrew Turnell Male Crook & Dist Sports AC 65 00:36:35 00:0	0:09:00	00:45:35
40 149 stephen cowell Male 56 <b>00:36:37</b> 00:0	0:05:00	00:41:37
41         190         Kim         Matthews         Female         Elswick Harriers         62         00:36:38         00:1	):12:00	00:48:38
42 110 Steven French Male Blyth Running Club 46 00:36:53 00:0	0:03:00	00:39:53
43 32 Wendy Pawsey Female North Shields Polytechnic Club 42 00:36:59 00:0	0:07:00	00:43:59
44 152 Ellie Reed Female Heaton Harriers & AC 35 00:37:00 00:0	0:06:00	00:43:00
45 171 Steve Dobby Male <b>Blyth Running Club</b> 48 <b>00:37:05</b> 00:0	0:03:00	00:40:05
46 84 Shaun McGrath Male <b>Houghton Harriers &amp; AC</b> 56 <b>00</b> :37:08 00:0	):05:00	00:42:08
47 48 Will Lloyd Male Tynedale Harriers & AC 29 00:37:12 00:0	0:00:00	00:37:12
48 192 Andrew Stoddart Male Newcastle Frontrunners 46 00:37:25 00:0	0:03:00	00:40:25
49 168 David Lydall Male Claremont Road Runners 59 00:37:28 00:0	0:05:00	00:42:28

50	42	Alyson	West	Female	Sunderland Harriors & AC	53	00:37:39	00:09:00	00:46:39
51	197	Graham	Hall	Female Male	Sunderland Harriers & AC  North Shields Polytechnic Club	53	00:37:43	00:09:00	00:46:39
52	186	Dave	Bradley	Male	Blyth Running Club	68	00:37:48	00:09:00	00:41:43
53	116	Abigail	Timms	Female	Heaton Harriers & AC	26	00:37:52	00:04:00	00:41:52
54	182	Carol	Marshall	Female	Tynedale Harriers & AC	58	00:37:53	00:11:00	00:48:53
55	170	Sandra	Watson	Female	Blyth Running Club	54	00:38:12	00:09:00	00:47:12
56	34	lan	Butler	Male	Elvet Striders	58	00:38:16	00:05:00	00:43:16
57	156	Jim	Lloyd	Male		61	00:38:25	00:07:00	00:45:25
58	130	Angela	Kirtley	Female	Gateshead Harriers & AC	59	00:38:28	00:11:00	00:49:28
59	81	Andrea	Simmons	Female	Ponteland Runners	26	00:38:40	00:04:00	00:42:40
60	177	Gary	Patterson	Male		46	00:38:41	00:03:00	00:41:41
61	33	Heather	Raistrick	Female	Elvet Striders	59	00:38:47	00:11:00	00:49:47
62	143	Ben	Clarke	Male		25	00:38:50	00:00:00	00:38:50
63	180	Chris	Checkley	Male	Heaton Harriers & AC	52	00:38:53	00:04:00	00:42:53
64	158	Susan	Milburn	Female		63	00:39:11	00:12:00	00:51:11
65	89	Gillian	Bell	Female	Tynedale Harriers & AC	47	00:39:12	00:08:00	00:47:12
66	195	Janice	Stewart	Female	Blyth Running Club	46	00:39:12	00:08:00	00:47:12
67	123	Alan	Stewart	Male	Blyth Running Club	49	00:39:15	00:03:00	00:42:15
68	131	Paul	Noble	Male	Blyth Running Club	42	00:39:20	00:02:00	00:41:20
69	45	Jenny	Friend	Female	Heaton Harriers & AC	60	00:39:29	00:12:00	00:51:29
70	185	Clare	Weir	Female	Crook & Dist Sports AC	42	00:39:34	00:07:00	00:46:34
71	49	Ron	Forster	Male	Blyth Running Club	70	00:39:36	00:11:00	00:50:36
72	173	Scott	McEntee	Male	Heaton Harriers & AC	43	00:39:58	00:02:00	00:41:58
73	94	Elena	Chapman	Female		26	00:40:04	00:04:00	00:44:04
74	57	Willard	Wright	Male	Heaton Harriers & AC	57	00:40:10	00:05:00	00:45:10
75	144	Philip	Johnston	Male	Allen Valley Striders	43	00:40:12	00:02:00	00:42:12
76	43	Alex	Docherty	Male	Houghton Harriers & AC	35	00:40:27	00:00:00	00:40:27
77	38	Laura	Shaw	Female	Morpeth Harriers & AC	36	00:40:28	00:06:00	00:46:28
78	72	Bridget	Broadhurst	Female	Tynedale Harriers & AC	62	00:40:36	00:12:00	00:52:36
79	31	Jessica	Anderson	Female	Tyne Bridge Harriers	66	00:40:37	00:13:00	00:53:37
80	3	Hayley	Raithby	Female	Blyth Running Club	46	00:40:40	00:08:00	00:48:40
81	198	Dayle	Stafford	Male	Blyth Running Club	47	00:40:40	00:03:00	00:43:40
82	5	Conall	Mallory	Male		35	00:40:51	00:00:00	00:40:51
83	71	Robert	Sharratt	Male	Blyth Running Club	41	00:40:59	00:02:00	00:42:59
84	83	Gary	Corkhill	Male		41	00:40:59	00:02:00	00:42:59
85	44	Charles	Slater	Male	Houghton Harriers & AC	29	00:41:00	00:00:00	00:41:00
86	16	lan	Hearn	Male	North Shields Polytechnic Club	55	00:41:10	00:05:00	00:46:10
87	111	Alison	French	Female	Blyth Running Club	46	00:41:11	00:08:00	00:49:11
88	88	John	Younger	Male	Run Nation Running Club	40	00:41:23	00:02:00	00:43:23
89	138	Dave	Saunders	Male	North Shields Polytechnic Club	59	00:41:28	00:05:00	00:46:28
90	52	Lee	Anderson	Male	Blyth Running Club	56	00:41:31	00:05:00	00:46:31
91	112	Michael	Ashby	Male	Blyth Running Club	54	00:41:36	00:04:00	00:45:36
92	133	Simon	Hall	Male	Tyne Bridge Harriers	32	00:41:49	00:00:00	00:41:49
93	134	Amy	Hume	Female	Tyne Bridge Harriers	26	00:41:55	00:04:00	00:45:55
94	12	Heather	Gould	Female	North Shields Polytechnic Club	60	00:41:59	00:12:00	00:53:59
95	150	Rosie	Wowk	Female	Derwentside AC	30	00:42:10	00:04:00	00:46:10
96	102	Sharon	Cook	Female	Heaton Harriers & AC	39	00:42:21	00:06:00	00:48:21
97	105	Stuart	Forsyth	Male	Newcastle Frontrunners	39	00:42:31	00:00:00	00:42:31
98	193	Joel	Tepace	Male	Ponteland Runners	44	00:42:32	00:02:00	00:44:32
99	1	Allen	Dickinson-Deane	Male	Newcastle Frontrunners	57	00:42:37	00:05:00	00:47:37
100	189	steve	kirby	Male		50	00:42:52	00:04:00	00:46:52
101	160	Helen	Morris	Female	Blyth Running Club	58	00:42:57	00:11:00	00:53:57
102	159	Kate	Dyson	Female	North Shields Polytechnic Club	38	00:43:00	00:06:00	00:49:00
102	100	itato	Dyson	i citidic	North Gillerus i Grytechine Glub	JU	30.40.00	100.00.00	100.57.00

400	400	0	N.A1201-	EI-	U	44	00:42:04	00.07.00	00.50.04
103	122	Sarah	Melville	Female	Heaton Harriers & AC	41	00:43:04	00:07:00	00:50:04
104	24	Natasha	Steel	Female	Sunderland Harriers & AC	29	00:43:24	00:04:00	00:47:24
105	120	Anne	Craddock	Female	Blyth Running Club	63	00:43:27	00:12:00	00:55:27
106	142	Andrew	Clarke	Male		52	00:43:27	00:04:00	00:47:27
107	147	Annabel	Bowkett	Female		34	00:43:30	00:04:00	00:47:30
108	58	Julie	Richardson	Female	Wallsend Harriers & AC	47	00:43:36	00:08:00	00:51:36
109	139	Matthew	Searle	Male		25	00:44:07	00:00:00	00:44:07
110	113	Stephen	Forster	Male	Blyth Running Club	59	00:44:10	00:05:00	00:49:10
111	155	Kim	Firstbrook	Female	Tynedale Harriers & AC	63	00:44:26	00:12:00	00:56:26
112	136	Wendy	Stephenson	Female		56	00:44:36	00:11:00	00:55:36
113	60	Hannah	Colling	Female	Elswick Harriers	26	00:44:36	00:04:00	00:48:36
114	161	David	Pace	Male	Heaton Harriers & AC	61	00:45:03	00:07:00	00:52:03
115	87	Vicky	Fletcher	Female	North Shields Polytechnic Club	42	00:45:06	00:07:00	00:52:06
116	183	Paul	Stockil	Male		43	00:45:09	00:02:00	00:47:09
117	126	Joanne	Murphy	Female	Tynedale Harriers & AC	55	00:45:13	00:11:00	00:56:13
118	179	Lisa	Wild	Female	North Shields Polytechnic Club	37	00:45:41	00:06:00	00:51:41
119	36	Billy	Shaw	Male	Blyth Running Club	50	00:45:49	00:04:00	00:49:49
120	162	Andrew	Cobb	Male		48	00:45:59	00:03:00	00:48:59
121	103	Paul	Turner	Male		55	00:45:59	00:05:00	00:50:59
122	104	Karen	Turner	Female		52	00:46:05	00:09:00	00:55:05
123	64	Dorothy	Cragg	Female		72	00:46:20	00:14:00	01:00:20
124	187	Alan	Dunning	Male	Claremont Road Runners	58	00:46:24	00:05:00	00:51:24
125	151	Caleb	Ward	Male		24	00:46:26	00:00:00	00:46:26
126	21	Linda	Bartram	Female	North Shields Polytechnic Club	62	00:46:39	00:12:00	00:58:39
127	19	Ricky	Smith	Male	Ashington Hirst Running Club	45	00:46:58	00:03:00	00:49:58
128	13	Tom	Moffett	Male	Blyth Running Club	46	00:47:11	00:03:00	00:50:11
129	200	Charles	Hierons	Male		59	00:47:15	00:05:00	00:52:15
130	148	David	Stamp	Male	Blyth Running Club	35	00:47:21	00:00:00	00:47:21
131	85	Allyson	McGrath	Female	Washington Running Club	51	00:47:35	00:09:00	00:56:35
132	18	Helen	Hearn	Female	North Shields Polytechnic Club	53	00:48:31	00:09:00	00:57:31
133	47	Elizabeth	Foster	Female	Tynedale Harriers & AC	64	00:49:32	00:12:00	01:01:32
134	10	Colin	Brown	Male	Blyth Running Club	52	00:50:31	00:04:00	00:54:31
135	132	Stephen	Pearson	Male	Houghton Harriers & AC	63	00:51:18	00:07:00	00:58:18
136	153	Joanne	Stobbart	Female	Blyth Running Club	57	00:51:52	00:11:00	01:02:52
137	63	Liz	Sandison	Female	Tynedale Harriers & AC	75	00:52:14	00:14:00	01:06:14
138	62	Hazel	Hughes	Female	Tynedale Harriers & AC	74	00:52:18	00:14:00	01:06:18
139	145	Andy	Pringle	Male		59	00:54:13	00:05:00	00:59:13
140	75	Judith	Skedge	Female	Tynedale Harriers & AC	75	00:55:26	00:14:00	01:09:26
141	53	Kenny	McCormick	Male	Claremont Road Runners	69	00:57:03	00:09:00	01:06:03
142	91	Annette	Skelton	Female	Blyth Running Club	51	00:59:16	00:09:00	01:08:16
143	196	Bill	Brown	Male	Heaton Harriers & AC	79	01:06:46	00:12:00	01:18:46
1-7-0	1.50	D	DIOWII	IVIGIC	notion namers & Ac	13	UUUU	100.12.00	01.10.40

#### **ACTUAL TIME ORDER**

POS	BIB					AGE	CLOCK	HANDICAP	ACTUAL
1	69	Richard	Bateson	Male	Blyth Running Club	41	00:30:23	00:02:00	00:32:23
2	165	lain	Twaddle	Male		51	00:29:12	00:04:00	00:33:12
3	29	Andrew	Heppell	Male	Gosforth Harriers & AC	44	00:31:16	00:02:00	00:33:16
4	178	James	McNaney	Male	Elvet Striders	36	00:33:16	00:00:00	00:33:16
5	201	Gary	Jones	Male	Morpeth Harriers & AC	42	00:31:26	00:02:00	00:33:26
6	115	Patrick	Houghton	Male	North Shields Polytechnic Club	41	00:31:59	00:02:00	00:33:59
7	97	Paul	O'Mara	Male	Tyne Bridge Harriers	37	00:34:21	00:00:00	00:34:21
8	76	Ryan	Eden	Male	North Shields Polytechnic Club	17	00:32:22	00:02:00	00:34:22
9	188	John	Butters	Male	Morpeth Harriers & AC	46	00:31:50	00:03:00	00:34:50
10	176	Richard	Johnson	Male	Morpeth Harriers & AC	32	00:35:25	00:00:00	00:35:25
11	191	Lee	Bennett	Male	Morpeth Harriers & AC	52	00:31:28	00:04:00	00:35:28
12	175	Mark	Snowball	Male	Morpeth Harriers & AC	32	00:35:41	00:00:00	00:35:41
13	117	Nicholas	Lavin	Male	Heaton Harriers & AC	26	00:35:45	00:00:00	00:35:45
14	128	David	Nolan	Male	Low Fell RC	34	00:36:27	00:00:00	00:36:27
15	140	lan	Norman	Male	Heaton Harriers & AC	60	00:29:56	00:07:00	00:36:56
16	48	Will	Lloyd	Male	Tynedale Harriers & AC	29	00:37:12	00:00:00	00:37:12
17	199	Allan	Renwick	Male	Elvet Striders	53	00:33:43	00:04:00	00:37:43
18	56	David	Gribben	Male	Houghton Harriers & AC	62	00:30:54	00:07:00	00:37:54
19	184	Steve	Boddy	Male	Gosforth Harriers & AC	55	00:32:56	00:05:00	00:37:56
20	66	John	Rippon	Male	Derwent Valley Trail Runners	57	00:33:08	00:05:00	00:38:08
21	181	Jon	French	Male	North Shields Polytechnic Club	42	00:36:23	00:02:00	00:38:23
22	67	Ricky	Davidson	Male	North Shields Polytechnic Club	46	00:35:37	00:03:00	00:38:37
24	143	Ben	Clarke	Male		25	00:38:50	00:00:00	00:38:50
23	124	Dan	Tobin	Male	Wallsend Harriers & AC	48	00:36:06	00:03:00	00:39:06
25	82	David	Shields	Male	Blyth Running Club	51	00:35:18	00:04:00	00:39:18
26	110	Steven	French	Male	Blyth Running Club	46	00:36:53	00:03:00	00:39:53
27	96	Steve	Sadler	Male	Richmond & Zetland Harriers	58	00:35:03	00:05:00	00:40:03
28	171	Steve	Dobby	Male	Blyth Running Club	48	00:37:05	00:03:00	00:40:05
29	2	Russell	Dickinson-Deane	Male	Newcastle Frontrunners	55	00:35:23	00:05:00	00:40:23
30	192	Andrew	Stoddart	Male	Newcastle Frontrunners	46	00:37:25	00:03:00	00:40:25
31	43	Alex	Docherty	Male	Houghton Harriers & AC	35	00:40:27	00:00:00	00:40:27
32	51	Colin	Hodgson	Male	Derwent Valley Trail Runners	57	00:35:30	00:05:00	00:40:30
33	55	Martin	Randall	Male	Swaledale Runners	51	00:36:31	00:04:00	00:40:31
34	157	Peter	Milburn	Male		62	00:33:32	00:07:00	00:40:32
35	5	Conall	Mallory	Male		35	00:40:51	00:00:00	00:40:51
36	44	Charles	Slater	Male	Houghton Harriers & AC	29	00:41:00	00:00:00	00:41:00
37	101	Geoff	Hewitson	Male	Crook & Dist Sports AC	64	00:34:17	00:07:00	00:41:17
38	131	Paul	Noble	Male	Blyth Running Club	42	00:39:20	00:02:00	00:41:20
39	194	John	Tollitt	Male	Tyne Bridge Harriers	58	00:36:28	00:05:00	00:41:28
40	149	stephen	cowell	Male		56	00:36:37	00:05:00	00:41:37
41	177	Gary	Patterson	Male		46	00:38:41	00:03:00	00:41:41
42	197	Graham	Hall	Male	North Shields Polytechnic Club	52	00:37:43	00:04:00	00:41:43
43	133	Simon	Hall	Male	Tyne Bridge Harriers	32	00:41:49	00:00:00	00:41:49
44	106	Charles	Hall	Male	North Shields Polytechnic Club	65	00:32:51	00:09:00	00:41:51
45	116	Abigail	Timms	Female	Heaton Harriers & AC	26	00:37:52	00:04:00	00:41:52
46	173	Scott	McEntee	Male	Heaton Harriers & AC	43	00:39:58	00:02:00	00:41:58
47	84	Shaun	McGrath	Male	Houghton Harriers & AC	56	00:37:08	00:05:00	00:42:08
48	144	Philip	Johnston	Male	Allen Valley Striders	43	00:40:12	00:02:00	00:42:12
49	123	Alan	Stewart	Male	Blyth Running Club	49	00:39:15	00:03:00	00:42:15

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50	168	David	Lydall	Male	Claremont Road Runners	59	00:37:28	00:05:00	00:42:28
51	105	Stuart	Forsyth	Male	Newcastle Frontrunners	39	00:42:31	00:00:00	00:42:31
52	81	Andrea	Simmons	Female	Ponteland Runners	26	00:38:40	00:04:00	00:42:40
53	127	Heather	Christopher	Female	Blyth Running Club	52	00:33:46	00:09:00	00:42:46
54	180	Chris	Checkley	Male	Heaton Harriers & AC	52	00:38:53	00:04:00	00:42:53
55	172	Helen	Heaney	Female	North Shields Polytechnic Club	47	00:34:57	00:08:00	00:42:57
56	71	Robert	Sharratt	Male	Blyth Running Club	41	00:40:59	00:02:00	00:42:59
57	83	Gary	Corkhill	Male		41	00:40:59	00:02:00	00:42:59
58	152	Ellie	Reed	Female	Heaton Harriers & AC	35	00:37:00	00:06:00	00:43:00
59	34	lan	Butler	Male	Elvet Striders	58	00:38:16	00:05:00	00:43:16
60	88	John	Younger	Male	Run Nation Running Club	40	00:41:23	00:02:00	00:43:23
61	6	Andrew	Dippie	Male	Morpeth Harriers & AC	62	00:36:25	00:07:00	00:43:25
62	198	Dayle	Stafford	Male	Blyth Running Club	47	00:40:40	00:03:00	00:43:40
63	32	Wendy	Pawsey	Female	North Shields Polytechnic Club	42	00:36:59	00:07:00	00:43:59
64	94	Elena	Chapman	Female		26	00:40:04	00:04:00	00:44:04
66	139	Matthew	Searle	Male		25	00:44:07	00:00:00	00:44:07
65	86	Nina	Cameron	Female	Heaton Harriers & AC	52	00:35:10	00:09:00	00:44:10
67	164	John	Laws	Male	North Shields Polytechnic Club	65	00:35:32	00:09:00	00:44:32
68	193	Joel	Tepace	Male	Ponteland Runners	44	00:42:32	00:02:00	00:44:32
69	57	Willard	Wright	Male	Heaton Harriers & AC	57	00:42:02	00:05:00	00:45:10
70	156	Jim	Lloyd	Male	Treaton namers & Ac	61	00:38:25	00:03:00	00:45:25
71	167	Andrew	Turnell	Male	Crook & Dist Sports AC	65	00:36:35	00:09:00	00:45:35
72	112	Michael	Ashby	Male	Blyth Running Club	54	00:30:35	00:04:00	00:45:36
	35		,						00:45:51
73		Ann	Birchall	Female	Ashington Hirst Running Club	57	00:34:51	00:11:00	
74	134	Amy	Hume	Female	Tyne Bridge Harriers	26	00:41:55	00:04:00	00:45:55
75	137	Julie	Cross	Female	Claremont Road Runners	56	00:35:10	00:11:00	00:46:10
76	16	lan	Hearn	Male	North Shields Polytechnic Club	55	00:41:10	00:05:00	00:46:10
77	150	Rosie	Wowk	Female	Derwentside AC	30	00:42:10	00:04:00	00:46:10
78	151	Caleb	Ward	Male		24	00:46:26	00:00:00	00:46:26
79	38	Laura	Shaw	Female	Morpeth Harriers & AC	36	00:40:28	00:06:00	00:46:28
80	138	Dave	Saunders	Male	North Shields Polytechnic Club	59	00:41:28	00:05:00	00:46:28
81	52	Lee	Anderson	Male	Blyth Running Club	56	00:41:31	00:05:00	00:46:31
82	185	Clare	Weir	Female	Crook & Dist Sports AC	42	00:39:34	00:07:00	00:46:34
83	42	Alyson	West	Female	Sunderland Harriers & AC	53	00:37:39	00:09:00	00:46:39
84	186	Dave	Bradley	Male	Blyth Running Club	68	00:37:48	00:09:00	00:46:48
85	189	steve	kirby	Male		50	00:42:52	00:04:00	00:46:52
86	183	Paul	Stockil	Male		43	00:45:09	00:02:00	00:47:09
87	170	Sandra	Watson	Female	Blyth Running Club	54	00:38:12	00:09:00	00:47:12
89	89	Gillian	Bell	Female	Tynedale Harriers & AC	47	00:39:12	00:08:00	00:47:12
88	195	Janice	Stewart	Female	Blyth Running Club	46	00:39:12	00:08:00	00:47:12
90	148	David	Stamp	Male	Blyth Running Club	35	00:47:21	00:00:00	00:47:21
91	24	Natasha	Steel	Female	Sunderland Harriers & AC	29	00:43:24	00:04:00	00:47:24
92	142	Andrew	Clarke	Male		52	00:43:27	00:04:00	00:47:27
93	147	Annabel	Bowkett	Female		34	00:43:30	00:04:00	00:47:30
94	1	Allen	Dickinson-Deane	Male	Newcastle Frontrunners	57	00:42:37	00:05:00	00:47:37
95	102	Sharon	Cook	Female	Heaton Harriers & AC	39	00:42:21	00:06:00	00:48:21
96	60	Hannah	Colling	Female	Elswick Harriers	26	00:44:36	00:04:00	00:48:36
97	190	Kim	Matthews	Female	Elswick Harriers	62	00:36:38	00:12:00	00:48:38
98	3	Hayley	Raithby	Female	Blyth Running Club	46	00:40:40	00:08:00	00:48:40
99	182	Carol	Marshall	Female	Tynedale Harriers & AC	58	00:37:53	00:11:00	00:48:53
100	162	Andrew	Cobb	Male		48	00:45:59	00:03:00	00:48:59
101	159	Kate	Dyson	Female	North Shields Polytechnic Club	38	00:43:00	00:06:00	00:49:00
102	113	Stephen	Forster	Male	Blyth Running Club	59	00:44:10	00:05:00	00:49:10

465							00.44 ::	00.00.00	00:40:44
	111	Alison	French	Female	Blyth Running Club	46	00:41:11	00:08:00	00:49:11
	130	Angela	Kirtley	Female	Gateshead Harriers & AC	59	00:38:28	00:11:00	00:49:28
	33	Heather	Raistrick	Female	Elvet Striders	59	00:38:47	00:11:00	00:49:47
	36	Billy	Shaw	Male	Blyth Running Club	50	00:45:49	00:04:00	00:49:49
	19	Ricky	Smith	Male	Ashington Hirst Running Club		00:46:58	00:03:00	00:49:58
	122	Sarah	Melville	Female	Heaton Harriers & AC	41	00:43:04	00:07:00	00:50:04
	13	Tom	Moffett	Male	Blyth Running Club	46	00:47:11	00:03:00	00:50:11
	49	Ron	Forster	Male	Blyth Running Club	70	00:39:36	00:11:00	00:50:36
111	103	Paul	Turner	Male		55	00:45:59	00:05:00	00:50:59
112	158	Susan	Milburn	Female		63	00:39:11	00:12:00	00:51:11
113	187	Alan	Dunning	Male	Claremont Road Runners	58	00:46:24	00:05:00	00:51:24
114	45	Jenny	Friend	Female	Heaton Harriers & AC	60	00:39:29	00:12:00	00:51:29
115	58	Julie	Richardson	Female	Wallsend Harriers & AC	47	00:43:36	00:8:00	00:51:36
116	179	Lisa	Wild	Female	North Shields Polytechnic Club	37	00:45:41	00:06:00	00:51:41
117	161	David	Pace	Male	Heaton Harriers & AC	61	00:45:03	00:07:00	00:52:03
118	87	Vicky	Fletcher	Female	North Shields Polytechnic Club	42	00:45:06	00:07:00	00:52:06
119	200	Charles	Hierons	Male		59	00:47:15	00:05:00	00:52:15
120	72	Bridget	Broadhurst	Female	Tynedale Harriers & AC	62	00:40:36	00:12:00	00:52:36
121	31	Jessica	Anderson	Female	Tyne Bridge Harriers	66	00:40:37	00:13:00	00:53:37
122	160	Helen	Morris	Female	Blyth Running Club	58	00:42:57	00:11:00	00:53:57
123	12	Heather	Gould	Female	North Shields Polytechnic Club	60	00:41:59	00:12:00	00:53:59
124	10	Colin	Brown	Male	Blyth Running Club	52	00:50:31	00:04:00	00:54:31
125	104	Karen	Turner	Female		52	00:46:05	00:09:00	00:55:05
126	120	Anne	Craddock	Female	Blyth Running Club	63	00:43:27	00:12:00	00:55:27
127	136	Wendy	Stephenson	Female		56	00:44:36	00:11:00	00:55:36
128	126	Joanne	Murphy	Female	Tynedale Harriers & AC	55	00:45:13	00:11:00	00:56:13
129	155	Kim	Firstbrook	Female	Tynedale Harriers & AC	63	00:44:26	00:12:00	00:56:26
130	85	Allyson	McGrath	Female	Washington Running Club	51	00:47:35	00:09:00	00:56:35
131	18	Helen	Hearn	Female	North Shields Polytechnic Club	53	00:48:31	00:09:00	00:57:31
132	132	Stephen	Pearson	Male	Houghton Harriers & AC	63	00:51:18	00:07:00	00:58:18
133	21	Linda	Bartram	Female	North Shields Polytechnic Club	62	00:46:39	00:12:00	00:58:39
134	145	Andy	Pringle	Male		59	00:54:13	00:05:00	00:59:13
135	64	Dorothy	Cragg	Female		72	00:46:20	00:14:00	01:00:20
136	47	Elizabeth	Foster	Female	Tynedale Harriers & AC	64	00:49:32	00:12:00	01:01:32
137	153	Joanne	Stobbart	Female	Blyth Running Club	57	00:51:52	00:11:00	01:02:52
138	53	Kenny	McCormick	Male	Claremont Road Runners		00:57:03	00:09:00	01:06:03
139	63	Liz	Sandison	Female	Tynedale Harriers & AC	75	00:52:14	00:14:00	01:06:14
140	62	Hazel	Hughes	Female	Tynedale Harriers & AC	74	00:52:18	00:14:00	01:06:18
141	91	Annette	Skelton	Female	Blyth Running Club	51	00:59:16	00:09:00	01:08:16
	75	Judith	Skedge	Female	Tynedale Harriers & AC	75	00:55:26	00:14:00	01:09:26
-		Bill	Brown	Male	Heaton Harriers & AC		01:06:46	00:12:00	01:18:46

#### FEMALE RACE TIME ORDER

POS	BIB					AGE	CLOCK	HANDICAP	ACTUAL
1	127	Heather	Christopher	Female	Blyth Running Club	52	00:33:46	00:09:00	00:42:46
2	35	Ann	Birchall	Female	Ashington Hirst Running Club	57	00:34:51	00:11:00	00:45:51
3	172	Helen	Heaney	Female	North Shields Polytechnic Club	47	00:34:57	00:08:00	00:42:57
4	86	Nina	Cameron	Female	Heaton Harriers & AC	52	00:35:10	00:09:00	00:44:10
5	137	Julie	Cross	Female	Claremont Road Runners	56	00:35:10	00:11:00	00:46:10
6	190	Kim	Matthews	Female	Elswick Harriers	62	00:36:38	00:12:00	00:48:38
7	32	Wendy	Pawsey	Female	North Shields Polytechnic Club	42	00:36:59	00:07:00	00:43:59
8	152	Ellie	Reed	Female	Heaton Harriers & AC	35	00:37:00	00:06:00	00:43:00
9	42	Alyson	West	Female	Sunderland Harriers & AC	53	00:37:39	00:09:00	00:46:39
10	116	Abigail	Timms	Female	Heaton Harriers & AC	26	00:37:52	00:04:00	00:41:52
11	182	Carol	Marshall	Female	Tynedale Harriers & AC	58	00:37:53	00:11:00	00:48:53
12	170	Sandra	Watson	Female	Blyth Running Club	54	00:38:12	00:09:00	00:47:12
13	130	Angela	Kirtley	Female	Gateshead Harriers & AC	59	00:38:28	00:11:00	00:49:28
14	81	Andrea	Simmons	Female	Ponteland Runners	26	00:38:40	00:04:00	00:42:40
15	33	Heather	Raistrick	Female	Elvet Striders	59	00:38:47	00:11:00	00:49:47
16	158	Susan	Milburn	Female		63	00:39:11	00:12:00	00:51:11
17	89	Gillian	Bell	Female	Tynedale Harriers & AC	47	00:39:12	00:08:00	00:47:12
18	195	Janice	Stewart	Female	Blyth Running Club	46	00:39:12	00:08:00	00:47:12
19	45	Jenny	Friend	Female	Heaton Harriers & AC	60	00:39:29	00:12:00	00:51:29
20	185	Clare	Weir	Female	Crook & Dist Sports AC	42	00:39:34	00:07:00	00:46:34
21	94	Elena	Chapman	Female		26	00:40:04	00:04:00	00:44:04
22	38	Laura	Shaw	Female	Morpeth Harriers & AC	36	00:40:28	00:06:00	00:46:28
24	72	Bridget	Broadhurst	Female	Tynedale Harriers & AC	62	00:40:36	00:12:00	00:52:36
23	31	Jessica	Anderson	Female	Tyne Bridge Harriers	66	00:40:37	00:13:00	00:53:37
25	3	Hayley	Raithby	Female	Blyth Running Club	46	00:40:40	00:08:00	00:48:40
26	111	Alison	French	Female	Blyth Running Club	46	00:41:11	00:08:00	00:49:11
27	134	Amy	Hume	Female	Tyne Bridge Harriers	26	00:41:55	00:04:00	00:45:55
28	12	Heather	Gould	Female	North Shields Polytechnic Club	60	00:41:59	00:12:00	00:53:59
29	150	Rosie	Wowk	Female	Derwentside AC	30	00:42:10	00:04:00	00:46:10
30	102	Sharon	Cook	Female	Heaton Harriers & AC	39	00:42:21	00:06:00	00:48:21
31	160	Helen	Morris	Female	Blyth Running Club	58	00:42:57	00:11:00	00:53:57
32	159	Kate	Dyson	Female	North Shields Polytechnic Club	38	00:43:00	00:06:00	00:49:00
33	122	Sarah	Melville	Female	Heaton Harriers & AC	41	00:43:04	00:07:00	00:50:04
34	24	Natasha	Steel	Female	Sunderland Harriers & AC	29	00:43:24	00:04:00	00:47:24
35	120	Anne	Craddock	Female	Blyth Running Club	63	00:43:27	00:12:00	00:55:27
36	147	Annabel	Bowkett	Female		34	00:43:30	00:04:00	00:47:30
37	58	Julie	Richardson	Female	Wallsend Harriers & AC	47	00:43:36	00:08:00	00:51:36
38	155	Kim	Firstbrook	Female	Tynedale Harriers & AC	63	00:44:26	00:12:00	00:56:26
39	60	Hannah	Colling	Female	Elswick Harriers	26	00:44:36	00:04:00	00:48:36
40	136	Wendy	Stephenson	Female		56	00:44:36	00:11:00	00:55:36
41	87	Vicky	Fletcher	Female	North Shields Polytechnic Club	42	00:45:06	00:07:00	00:52:06
42	126	Joanne	Murphy	Female	Tynedale Harriers & AC	55	00:45:13	00:11:00	00:56:13
43	179	Lisa	Wild	Female	North Shields Polytechnic Club	37	00:45:41	00:06:00	00:51:41
44	104	Karen	Turner	Female		52	00:46:05	00:09:00	00:55:05
45	64	Dorothy	Cragg	Female		72	00:46:20	00:14:00	01:00:20
46	21	Linda	Bartram	Female	North Shields Polytechnic Club	62	00:46:39	00:12:00	00:58:39
47	85	Allyson	McGrath	Female	Washington Running Club	51	00:47:35	00:09:00	00:56:35
48	18	Helen	Hearn	Female	North Shields Polytechnic Club	53	00:48:31	00:09:00	00:57:31
49	47	Elizabeth	Foster	Female	Tynedale Harriers & AC	64	00:49:32	00:12:00	01:01:32

50	153	Joanne	Stobbart	Female	Blyth Running Club	57	00:51:52	00:11:00	01:02:52
51	63	Liz	Sandison	Female	Tynedale Harriers & AC	75	00:52:14	00:14:00	01:06:14
52	62	Hazel	Hughes	Female	Tynedale Harriers & AC	74	00:52:18	00:14:00	01:06:18
53	75	Judith	Skedge	Female	Tynedale Harriers & AC	75	00:55:26	00:14:00	01:09:26
54	91	Annette	Skelton	Female	Blyth Running Club	51	00:59:16	00:09:00	01:08:16

#### MALE RACE TIME ORDER

POS	BIB					AGE	CLOCK	HANDICAP	ACTUAL
1	165	Iain	Twaddle	Male		51	00:29:12	00:04:00	00:33:12
2	140	lan	Norman	Male	Heaton Harriers & AC	60	00:29:56	00:07:00	00:36:56
3	69	Richard	Bateson	Male	Blyth Running Club	41	00:30:23	00:02:00	00:32:23
4	56	David	Gribben	Male	Houghton Harriers & AC	62	00:30:54	00:07:00	00:37:54
5	29	Andrew	Heppell	Male	Gosforth Harriers & AC	44	00:31:16	00:02:00	00:33:16
6	201	Gary	Jones	Male	Morpeth Harriers & AC	42	00:31:26	00:02:00	00:33:26
7	191	Lee	Bennett	Male	Morpeth Harriers & AC	52	00:31:28	00:04:00	00:35:28
8	188	John	Butters	Male	Morpeth Harriers & AC	46	00:31:50	00:03:00	00:34:50
9	115	Patrick	Houghton	Male	North Shields Polytechnic Club	41	00:31:59	00:02:00	00:33:59
10	76	Ryan	Eden	Male	North Shields Polytechnic Club	17	00:32:22	00:02:00	00:34:22
11	106	Charles	Hall	Male	North Shields Polytechnic Club	65	00:32:51	00:09:00	00:41:51
12	184	Steve	Boddy	Male	Gosforth Harriers & AC	55	00:32:56	00:05:00	00:37:56
13	66	John	Rippon	Male	Derwent Valley Trail Runners	57	00:33:08	00:05:00	00:38:08
14	178	James	McNaney	Male	Elvet Striders	36	00:33:16	00:00:00	00:33:16
15	157	Peter	Milburn	Male		62	00:33:32	00:07:00	00:40:32
16	199	Allan	Renwick	Male	Elvet Striders	53	00:33:43	00:04:00	00:37:43
17	101	Geoff	Hewitson	Male	Crook & Dist Sports AC	64	00:34:17	00:07:00	00:41:17
18	97	Paul	O'Mara	Male	Tyne Bridge Harriers	37	00:34:21	00:00:00	00:34:21
19	96	Steve	Sadler	Male	Richmond & Zetland Harriers	58	00:35:03	00:05:00	00:40:03
20	82	David	Shields	Male	Blyth Running Club	51	00:35:18	00:04:00	00:39:18
21	2	Russell	Dickinson-Deane	Male	Newcastle Frontrunners	55	00:35:23	00:05:00	00:40:23
22	176	Richard	Johnson	Male	Morpeth Harriers & AC	32	00:35:25	00:00:00	00:35:25
24	51	Colin	Hodgson	Male	Derwent Valley Trail Runners	57	00:35:30	00:05:00	00:40:30
23	164	John	Laws	Male	North Shields Polytechnic Club	65	00:35:32	00:09:00	00:44:32
25	67	Ricky	Davidson	Male	North Shields Polytechnic Club	46	00:35:37	00:03:00	00:38:37
26	175	Mark	Snowball	Male	Morpeth Harriers & AC	32	00:35:41	00:00:00	00:35:41
27	117	Nicholas	Lavin	Male	Heaton Harriers & AC	26	00:35:45	00:00:00	00:35:45
28	124	Dan	Tobin	Male	Wallsend Harriers & AC	48	00:36:06	00:03:00	00:39:06
29	181	Jon	French	Male	North Shields Polytechnic Club	42	00:36:23	00:02:00	00:38:23
30	6	Andrew	Dippie	Male	Morpeth Harriers & AC	62	00:36:25	00:07:00	00:43:25
31	128	David	Nolan	Male	Low Fell RC	34	00:36:27	00:00:00	00:36:27
32	194	John	Tollitt	Male	Tyne Bridge Harriers	58	00:36:28	00:05:00	00:41:28
33	55	Martin	Randall	Male	Swaledale Runners	51	00:36:31	00:04:00	00:40:31
34	167	Andrew	Turnell	Male	Crook & Dist Sports AC	65	00:36:35	00:09:00	00:45:35
35	149	stephen	cowell	Male		56	00:36:37	00:05:00	00:41:37
36	110	Steven	French	Male	Blyth Running Club	46	00:36:53	00:03:00	00:39:53
37	171	Steve	Dobby	Male	Blyth Running Club	48	00:37:05	00:03:00	00:40:05
38	84	Shaun	McGrath	Male	Houghton Harriers & AC	56	00:37:08	00:05:00	00:42:08
39	48	Will	Lloyd	Male	Tynedale Harriers & AC	29	00:37:12	00:00:00	00:37:12
40	192	Andrew	Stoddart	Male	Newcastle Frontrunners	46	00:37:25	00:03:00	00:40:25
41	168	David	Lydall	Male	Claremont Road Runners	59	00:37:28	00:05:00	00:42:28
42	197	Graham	Hall	Male	North Shields Polytechnic Club	52	00:37:43	00:04:00	00:41:43

43	186	Dave	Bradley	Male	Blyth Running Club	68	00:37:48	00:09:00	00:46:48
44	34	lan	Butler	Male	Elvet Striders	58	00:38:16	00:05:00	00:43:16
45	156	Jim	Lloyd	Male		61	00:38:25	00:07:00	00:45:25
46	177	Gary	Patterson	Male		46	00:38:41	00:03:00	00:41:41
47	143	Ben	Clarke	Male		25	00:38:50	00:00:00	00:38:50
48	180	Chris	Checkley	Male	Heaton Harriers & AC	52	00:38:53	00:04:00	00:42:53
49	123	Alan	Stewart	Male	Blyth Running Club	49	00:39:15	00:03:00	00:42:15
50	131	Paul	Noble	Male	Blyth Running Club	42	00:39:20	00:02:00	00:41:20
51	49	Ron	Forster	Male	Blyth Running Club	70	00:39:36	00:11:00	00:50:36
52	173	Scott	McEntee	Male	Heaton Harriers & AC	43	00:39:58	00:02:00	00:41:58
53	57	Willard	Wright	Male	Heaton Harriers & AC	57	00:40:10	00:05:00	00:45:10
54	144	Philip	Johnston	Male	Allen Valley Striders	43	00:40:12	00:02:00	00:42:12
55	43	Alex	Docherty	Male	Houghton Harriers & AC	35	00:40:27	00:00:00	00:40:27
56	198	Dayle	Stafford	Male	Blyth Running Club	47	00:40:40	00:03:00	00:43:40
57	5	Conall	Mallory	Male		35	00:40:51	00:00:00	00:40:51
58	71	Robert	Sharratt	Male	Blyth Running Club	41	00:40:59	00:02:00	00:42:59
59	83	Gary	Corkhill	Male		41	00:40:59	00:02:00	00:42:59
60	44	Charles	Slater	Male	Houghton Harriers & AC	29	00:41:00	00:00:00	00:41:00
61	16	lan	Hearn	Male	North Shields Polytechnic Club	55	00:41:10	00:05:00	00:46:10
62	88	John	Younger	Male	Run Nation Running Club	40	00:41:23	00:02:00	00:43:23
63	138	Dave	Saunders	Male	North Shields Polytechnic Club	59	00:41:28	00:05:00	00:46:28
64	52	Lee	Anderson	Male	Blyth Running Club	56	00:41:31	00:05:00	00:46:31
66	112	Michael	Ashby	Male	Blyth Running Club	54	00:41:36	00:04:00	00:45:36
65	133	Simon	Hall	Male	Tyne Bridge Harriers	32	00:41:49	00:00:00	00:41:49
67	105	Stuart	Forsyth	Male	Newcastle Frontrunners	39	00:42:31	00:00:00	00:42:31
68	193	Joel	Терасе	Male	Ponteland Runners	44	00:42:32	00:02:00	00:44:32
69	1	Allen	Dickinson-Deane	Male	Newcastle Frontrunners	57	00:42:37	00:05:00	00:47:37
70	189	steve	kirby	Male		50	00:42:52	00:04:00	00:46:52
71	142	Andrew	Clarke	Male		52	00:43:27	00:04:00	00:47:27
72	139	Matthew	Searle	Male		25	00:44:07	00:00:00	00:44:07
73	113	Stephen	Forster	Male	Blyth Running Club	59	00:44:10	00:05:00	00:49:10
74	161	David	Pace	Male	Heaton Harriers & AC	61	00:45:03	00:07:00	00:52:03
75	183	Paul	Stockil	Male		43	00:45:09	00:02:00	00:47:09
76	36	Billy	Shaw	Male	Blyth Running Club	50	00:45:49	00:04:00	00:49:49
77	162	Andrew	Cobb	Male		48	00:45:59	00:03:00	00:48:59
78	103	Paul	Turner	Male		55	00:45:59	00:05:00	00:50:59
79	187	Alan	Dunning	Male	Claremont Road Runners	58	00:46:24	00:05:00	00:51:24
80	151	Caleb	Ward	Male		24	00:46:26	00:00:00	00:46:26
81	19	Ricky	Smith	Male	Ashington Hirst Running Club	45	00:46:58	00:03:00	00:49:58
82	13	Tom	Moffett	Male	Blyth Running Club	46	00:47:11	00:03:00	00:50:11
83	200	Charles	Hierons	Male		59	00:47:15	00:05:00	00:52:15
84	148	David	Stamp	Male	Blyth Running Club	35	00:47:21	00:00:00	00:47:21
85	10	Colin	Brown	Male	Blyth Running Club	52	00:50:31	00:04:00	00:54:31
86	132	Stephen	Pearson	Male	Houghton Harriers & AC	63	00:51:18	00:07:00	00:58:18
87	145	Andy	Pringle	Male		59	00:54:13	00:05:00	00:59:13
88	53	Kenny	McCormick	Male	Claremont Road Runners	69	00:57:03	00:09:00	01:06:03
89	196	Bill	Brown	Male	Heaton Harriers & AC	79	01:06:46	00:12:00	01:18:46

#### FEMALE TIMES BY AGE GROUP

POS	BIB					AGE	CLOCK	HANDICAP	ACTUAL
1	116	Abigail	Timms	Female	Heaton Harriers & AC	26	00:37:52	00:04:00	00:41:52
2	81	Andrea	Simmons	Female	Ponteland Runners	26	00:38:40	00:04:00	00:42:40
3	94	Elena	Chapman	Female		26	00:40:04	00:04:00	00:44:04
4	134	Amy	Hume	Female	Tyne Bridge Harriers	26	00:41:55	00:04:00	00:45:55
5	150	Rosie	Wowk	Female	Derwentside AC	30	00:42:10	00:04:00	00:46:10
6	24	Natasha	Steel	Female	Sunderland Harriers & AC	29	00:43:24	00:04:00	00:47:24
7	147	Annabel	Bowkett	Female		34	00:43:30	00:04:00	00:47:30
8	60	Hannah	Colling	Female	Elswick Harriers	26	00:44:36	00:04:00	00:48:36
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1	152	Ellie	Reed	Female	Heaton Harriers & AC	35	00:37:00	00:06:00	00:43:00
2	38	Laura	Shaw	Female	Morpeth Harriers & AC	36	00:40:28	00:06:00	00:46:28
3	102	Sharon	Cook	Female	Heaton Harriers & AC	39	00:42:21	00:06:00	00:48:21
4	159	Kate	Dyson	Female	North Shields Polytechnic Club	38	00:43:00	00:06:00	00:49:00
5	179	Lisa	Wild	Female	North Shields Polytechnic Club	37	00:45:41	00:06:00	00:51:41
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1	32	Wendy	Pawsey	Female	North Shields Polytechnic Club	42	00:36:59	00:07:00	00:43:59
2	185	Clare	Weir	Female	Crook & Dist Sports AC	42	00:39:34	00:07:00	00:46:34
3	122	Sarah	Melville	Female	Heaton Harriers & AC	41	00:43:04	00:07:00	00:50:04
4	87	Vicky	Fletcher	Female	North Shields Polytechnic Club	42	00:45:06	00:07:00	00:52:06
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1	172	Helen	Heaney	Female	North Shields Polytechnic Club	47	00:34:57	00:08:00	00:42:57
2	89	Gillian	Bell	Female	Tynedale Harriers & AC	47	00:39:12	00:08:00	00:47:12
3	195	Janice	Stewart	Female	Blyth Running Club	46	00:39:12	00:08:00	00:47:12
4	3	Hayley	Raithby	Female	Blyth Running Club	46	00:40:40	00:08:00	00:48:40
5	111	Alison	French	Female	Blyth Running Club	46	00:41:11	00:08:00	00:49:11
6	58	Julie	Richardson	Female	Wallsend Harriers & AC	47	00:43:36	00:08:00	00:51:36
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1	127	Heather	Christopher	Female	Blyth Running Club	52	00:33:46	00:09:00	00:42:46
2	86	Nina	Cameron	Female	Heaton Harriers & AC	52	00:35:10	00:09:00	00:44:10
3	42	Alyson	West	Female	Sunderland Harriers & AC	53	00:37:39	00:09:00	00:46:39
4	170	Sandra	Watson	Female	Blyth Running Club	54	00:38:12	00:09:00	00:47:12
5	104	Karen	Turner	Female		52	00:46:05	00:09:00	00:55:05
6	85	Allyson	McGrath	Female	Washington Running Club	51	00:47:35	00:09:00	00:56:35
7	18	Helen	Hearn	Female	North Shields Polytechnic Club	53	00:48:31	00:09:00	00:57:31
8	91	Annette	Skelton	Female	Blyth Running Club	51	00:59:16	00:09:00	01:08:16
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1	35	Ann	Birchall	Female	Ashington Hirst Running Club	57	00:34:51	00:11:00	00:45:51
2	137	Julie	Cross	Female	Claremont Road Runners	56	00:35:10	00:11:00	00:46:10
3	182	Carol	Marshall	Female	Tynedale Harriers & AC	58	00:37:53	00:11:00	00:48:53
4	130	Angela	Kirtley	Female	Gateshead Harriers & AC	59	00:38:28	00:11:00	00:49:28
5	33	Heather	Raistrick	Female	Elvet Striders	59	00:38:47	00:11:00	00:49:47
6	160	Helen	Morris	Female	Blyth Running Club	58	00:42:57	00:11:00	00:53:57
7	136	Wendy	Stephenson	Female		56	00:44:36	00:11:00	00:55:36
8	126	Joanne	Murphy	Female	Tynedale Harriers & AC	55	00:45:13	00:11:00	00:56:13
9	153	Joanne	Stobbart	Female	Blyth Running Club	57	00:51:52	00:11:00	01:02:52

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1	190	Kim	Matthews	Female	Elswick Harriers	62	00:36:38	00:12:00	00:48:38
2	158	Susan	Milburn	Female		63	00:39:11	00:12:00	00:51:11
3	45	Jenny	Friend	Female	Heaton Harriers & AC	60	00:39:29	00:12:00	00:51:29
4	72	Bridget	Broadhurst	Female	Tynedale Harriers & AC	62	00:40:36	00:12:00	00:52:36
5	12	Heather	Gould	Female	North Shields Polytechnic Club	60	00:41:59	00:12:00	00:53:59
6	120	Anne	Craddock	Female	Blyth Running Club	63	00:43:27	00:12:00	00:55:27
7	155	Kim	Firstbrook	Female	Tynedale Harriers & AC	63	00:44:26	00:12:00	00:56:26
8	21	Linda	Bartram	Female	North Shields Polytechnic Club	62	00:46:39	00:12:00	00:58:39
9	47	Elizabeth	Foster	Female	Tynedale Harriers & AC	64	00:49:32	00:12:00	01:01:32
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1	31	Jessica	Anderson	Female	Tyne Bridge Harriers	66	00:40:37	00:13:00	00:53:37
1	64	Dorothy	Cragg	Female		72	00:46:20	00:14:00	01:00:20
2	63	Liz	Sandison	Female	Tynedale Harriers & AC	75	00:52:14	00:14:00	01:06:14
3	62	Hazel	Hughes	Female	Tynedale Harriers & AC	74	00:52:18	00:14:00	01:06:18
4	75	Judith	Skedge	Female	Tynedale Harriers & AC	75	00:55:26	00:14:00	01:09:26

#### MALE TIMES BY AGE GROUP

POS	BIB					AGE	CLOCK	HANDICAP	ACTUAL
1	76	Ryan	Eden	Male	North Shields Polytechnic Club	17	00:32:22	00:02:00	00:34:22
1	178	James	McNaney	Male	Elvet Striders	36	00:33:16	00:00:00	00:33:16
2	97	Paul	O'Mara	Male	Tyne Bridge Harriers	37	00:34:21	00:00:00	00:34:21
3	176	Richard	Johnson	Male	Morpeth Harriers & AC	32	00:35:25	00:00:00	00:35:25
4	175	Mark	Snowball	Male	Morpeth Harriers & AC	32	00:35:41	00:00:00	00:35:41
5	117	Nicholas	Lavin	Male	Heaton Harriers & AC	26	00:35:45	00:00:00	00:35:45
6	128	David	Nolan	Male	Low Fell RC	34	00:36:27	00:00:00	00:36:27
7	48	Will	Lloyd	Male	Tynedale Harriers & AC	29	00:37:12	00:00:00	00:37:12
8	143	Ben	Clarke	Male		25	00:38:50	00:00:00	00:38:50
9	43	Alex	Docherty	Male	Houghton Harriers & AC	35	00:40:27	00:00:00	00:40:27
10	5	Conall	Mallory	Male		35	00:40:51	00:00:00	00:40:51
11	44	Charles	Slater	Male	Houghton Harriers & AC	29	00:41:00	00:00:00	00:41:00
12	133	Simon	Hall	Male	Tyne Bridge Harriers	32	00:41:49	00:00:00	00:41:49
13	105	Stuart	Forsyth	Male	Newcastle Frontrunners	39	00:42:31	00:00:00	00:42:31
14	139	Matthew	Searle	Male		25	00:44:07	00:00:00	00:44:07
15	151	Caleb	Ward	Male		24	00:46:26	00:00:00	00:46:26
16	148	David	Stamp	Male	Blyth Running Club	35	00:47:21	00:00:00	00:47:21
1	69	Richard	Bateson	Male	Blyth Running Club	41	00:30:23	00:02:00	00:32:23
2	29	Andrew	Heppell	Male	Gosforth Harriers & AC	44	00:31:16	00:02:00	00:33:16
3	201	Gary	Jones	Male	Morpeth Harriers & AC	42	00:31:26	00:02:00	00:33:26
4	115	Patrick	Houghton	Male	North Shields Polytechnic Club	41	00:31:59	00:02:00	00:33:59
5	181	Jon	French	Male	North Shields Polytechnic Club	42	00:36:23	00:02:00	00:38:23
6	131	Paul	Noble	Male	Blyth Running Club	42	00:39:20	00:02:00	00:41:20
7	173	Scott	McEntee	Male	Heaton Harriers & AC	43	00:39:58	00:02:00	00:41:58
8	144	Philip	Johnston	Male	Allen Valley Striders	43	00:40:12	00:02:00	00:42:12
9	71	Robert	Sharratt	Male	Blyth Running Club	41	00:40:59	00:02:00	00:42:59
10	83	Gary	Corkhill	Male		41	00:40:59	00:02:00	00:42:59
11	88	John	Younger	Male	Run Nation Running Club	40	00:41:23	00:02:00	00:43:23
12	193	Joel	Терасе	Male	Ponteland Runners	44	00:42:32	00:02:00	00:44:32
13	183	Paul	Stockil	Male		43	00:45:09	00:02:00	00:47:09

1	188	John	Butters	Male	Morpeth Harriers & AC	46	00:31:50	00:03:00	00:34:50
2	67	Ricky	Davidson	Male	North Shields Polytechnic Club	46	00:35:37	00:03:00	00:38:37
3	124	Dan	Tobin	Male	Wallsend Harriers & AC	48	00:36:06	00:03:00	00:39:06
4	110	Steven	French	Male	Blyth Running Club	46	00:36:53	00:03:00	00:39:53
5	171	Steve	Dobby	Male	Blyth Running Club	48	00:37:05	00:03:00	00:40:05
6	192	Andrew	Stoddart	Male	Newcastle Frontrunners	46	00:37:25	00:03:00	00:40:25
7	177	Gary	Patterson	Male	New castle 1 forth difficis	46	00:38:41	00:03:00	00:40:23
8	123	Alan	Stewart	Male	Pluth Bussing Club	49	00:39:15	00:03:00	00:41:41
9	198	Dayle	Stafford	Male	Blyth Running Club Blyth Running Club	47	00:40:40	00:03:00	00:42:13
10					Biytii Kuillillig Club		00:45:59		
11	162	Andrew	Cobb	Male	Ashin star Hint Burning Ohd	48		00:03:00	00:48:59
	19	Ricky	Smith	Male	Ashington Hirst Running Club	45	00:46:58	00:03:00	00:49:58
12	13	Tom	Moffett	Male	Blyth Running Club	46	00:47:11	00:03:00	00:50:11
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1	165	lain	Twaddle	Male		51	00:29:12	00:04:00	00:33:12
2	191	Lee	Bennett	Male	Morpeth Harriers & AC	52	00:31:28	00:04:00	00:35:28
3	199	Allan	Renwick	Male	Elvet Striders	53	00:33:43	00:04:00	00:37:43
4	82	David	Shields	Male	Blyth Running Club	51	00:35:18	00:04:00	00:39:18
5	55	Martin	Randall	Male	Swaledale Runners	51	00:36:31	00:04:00	00:40:31
6	197	Graham	Hall	Male	North Shields Polytechnic Club	52	00:37:43	00:04:00	00:41:43
7	180	Chris	Checkley	Male	Heaton Harriers & AC	52	00:38:53	00:04:00	00:42:53
8	112	Michael	Ashby	Male	Blyth Running Club	54	00:41:36	00:04:00	00:45:36
9	189	steve	kirby	Male		50	00:42:52	00:04:00	00:46:52
10	142	Andrew	Clarke	Male		52	00:43:27	00:04:00	00:47:27
11	36	Billy	Shaw	Male	Blyth Running Club	50	00:45:49	00:04:00	00:49:49
12	10	Colin	Brown	Male	Blyth Running Club	52	00:50:31	00:04:00	00:54:31
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1	184	Steve	Boddy	Male	Gosforth Harriers & AC	55	00:32:56	00:05:00	00:37:56
2	66	John	Rippon	Male	Derwent Valley Trail Runners	57	00:33:08	00:05:00	00:38:08
3	96	Steve	Sadler	Male	Richmond & Zetland Harriers	58	00:35:03	00:05:00	00:40:03
4	2	Russell	Dickinson-Deane	Male	Newcastle Frontrunners	55	00:35:23	00:05:00	00:40:23
5	51	Colin	Hodgson	Male	Derwent Valley Trail Runners	57	00:35:30	00:05:00	00:40:30
6	194	John	Tollitt	Male	Tyne Bridge Harriers	58	00:36:28	00:05:00	00:41:28
7	149	stephen	cowell	Male		56	00:36:37	00:05:00	00:41:37
8	84	Shaun	McGrath	Male	Houghton Harriers & AC	56	00:37:08	00:05:00	00:42:08
9	168	David	Lydall	Male	Claremont Road Runners	59	00:37:28	00:05:00	00:42:28
10	34	lan	Butler	Male	Elvet Striders	58	00:38:16	00:05:00	00:43:16
11	57	Willard	Wright	Male	Heaton Harriers & AC	57	00:40:10	00:05:00	00:45:10
12	16	lan	Hearn	Male	North Shields Polytechnic Club	55	00:41:10	00:05:00	00:46:10
13	138	Dave	Saunders	Male	North Shields Polytechnic Club	59	00:41:28	00:05:00	00:46:28
14	52	Lee	Anderson	Male	Blyth Running Club	56	00:41:31	00:05:00	00:46:31
15	1	Allen	Dickinson-Deane	Male	Newcastle Frontrunners	57	00:42:37	00:05:00	00:47:37
16	113	Stephen	Forster	Male	Blyth Running Club	59	00:44:10	00:05:00	00:49:10
17	103	Paul	Turner	Male		55	00:45:59	00:05:00	00:50:59
18	187	Alan	Dunning	Male	Claremont Road Runners	58	00:46:24	00:05:00	00:51:24
19	200	Charles	Hierons	Male		59	00:47:15	00:05:00	00:52:15
20	145	Andy	Pringle	Male		59	00:54:13	00:05:00	00:59:13

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1	140	lan	Norman	Male	Heaton Harriers & AC	60	00:29:56	00:07:00	00:36:56
2	56	David	Gribben	Male	Houghton Harriers & AC	62	00:30:54	00:07:00	00:37:54
3	157	Peter	Milburn	Male		62	00:33:32	00:07:00	00:40:32
4	101	Geoff	Hewitson	Male	Crook & Dist Sports AC	64	00:34:17	00:07:00	00:41:17
5	6	Andrew	Dippie	Male	Morpeth Harriers & AC	62	00:36:25	00:07:00	00:43:25
6	156	Jim	Lloyd	Male		61	00:38:25	00:07:00	00:45:25
7	161	David	Pace	Male	Heaton Harriers & AC	61	00:45:03	00:07:00	00:52:03
8	132	Stephen	Pearson	Male	Houghton Harriers & AC	63	00:51:18	00:07:00	00:58:18
1	106	Charles	Hall	Male	North Shields Polytechnic Club	65	00:32:51	00:09:00	00:41:51
2	164	John	Laws	Male	North Shields Polytechnic Club	65	00:35:32	00:09:00	00:44:32
3	167	Andrew	Turnell	Male	Crook & Dist Sports AC	65	00:36:35	00:09:00	00:45:35
4	186	Dave	Bradley	Male	Blyth Running Club	68	00:37:48	00:09:00	00:46:48
5	53	Kenny	McCormick	Male	Claremont Road Runners	69	00:57:03	00:09:00	01:06:03
1	49	Ron	Forster	Male	Blyth Running Club	70	00:39:36	00:11:00	00:50:36
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1	196	Bill	Brown	Male	Heaton Harriers & AC	79	01:06:46	00:12:00	01:18:46

#### **TEAM RESULTS**

POS	BIB			_		AGE	CLOCK	HANDICAP	ACTUAL
3	69	Richard	Bateson	Male	Blyth Running Club	41	00:30:23	00:02:00	00:32:23
6	201	Gary	Jones	Male	Morpeth Harriers & AC	42	00:31:26	00:02:00	00:33:26
7	191	Lee	Bennett	Male	Morpeth Harriers & AC	52	00:31:28	00:04:00	00:35:28
8	188	John	Butters	Male	Morpeth Harriers & AC	46	00:31:50	00:03:00	00:34:50
9	115	Patrick	Houghton	Male	North Shields Polytechnic Club	41	00:31:59	00:02:00	00:33:59
10	76	Ryan	Eden	Male	North Shields Polytechnic Club	17	00:32:22	00:02:00	00:34:22
11	106	Charles	Hall	Male	North Shields Polytechnic Club	65	00:32:51	00:09:00	00:41:51
17	127	Heather	Christopher	Female	Blyth Running Club	52	00:33:46	00:09:00	00:42:46
21	172	Helen	Heaney	Female	North Shields Polytechnic Club	47	00:34:57	00:08:00	00:42:57
25	82	David	Shields	Male	Blyth Running Club	51	00:35:18	00:04:00	00:39:18
27	176	Richard	Johnson	Male	Morpeth Harriers & AC	32	00:35:25	00:00:00	00:35:25
42	110	Steven	French	Male	Blyth Running Club	46	00:36:53	00:03:00	00:39:53

1 <sup>st</sup>	Morpeth Harriers & AC	48
2 <sup>nd</sup>	North Shields Polytechnic Club	51
3 <sup>rd</sup>	Blyth Running Club	87