



Matfen 10km



18th Sept 2022

So, another Sunday, another GP race and this time it was a 10km starting and finishing in Matfen.

A relatively local race I managed to get up there in about 30 mins getting there nice and early to pick up my number and the village hall. It was nice to see Chloe and Julie who were sorting the number and they helped me get a rather natty T-shirt which commemorated our late queens' reign. Mr Rudkin was next to turn up then the rest of the gang turned up to get their numbers too.

Weather wise it was an almost perfect running day, cool, dry and importantly very little wind.

The route was a circular one with a fair number of tasty climbs and thankfully some downhills thrown in as well, the first mile was relatively flat, well, a tad lumpy, then it was a steady climb up to the 2.5 mile mark, followed by a 1 mile downhill section where we could pick up some speed. At the 3.5 mile point there was a rather steep climb followed by a slight incline up to the 4 mile point. From this point on it was a dash to the finish, downhill till 5 mile then a flat 1 mile section with a short 300 m downhill push to the end.

Division 1 had 4 runners competing, Michael Stott, David Bennett and Henry Madden and Robin Kane, who had recently completed the Geordie man, and this was his first run since finishing!

Michael was first back, and 2nd in the race with a brilliant time of 35:12, then David in 8th with a time of 37:47 and Henry in 8th overall with 38:35, Robin finished 12th overall in a rather incredible 40:14.

Division 2 also had 4 runners vying for the points available, I personally was really pleased when I saw Robbie Barkley had turned up, honest, I was going to have my work cut out trying to get anywhere near Robbie and staying ahead of John Younger and Martin Fairburn.

As I expected Robbie took the spoils, finishing 16th overall in 42:32, I came in second in the division in 20th position and a time of 43:30, then it was John Younger in 44:26 and Martin quite close behind in 44:53.

Division 3 competitors consisted of an on form Mark Rudkin, and an improving Alan Stewart. Martin was first back in an impressive 45:26 with Alan coming in under the 48 min mark in 47:49.

Division 4 had Janice and Sandra. Unfortunately Sandra pulled up with a hamstring injury so it was left to Janice to bring it in in an impressive 51:47.

Division 5, we had Tom Moffet, Claire Mason and Stephen Forster. Stephen was first back, continuing his good form with a 54:17, then a steadily improving Tom Moffet came in next not far behind in 54:40, then Claire Mason in 58:19.

Unfortunately none of Division 6 were competing on this day.

Thanks for reading (results, map and relief below), total number of finishers 102.

Steve D

Pos	Race No	Name	Time	Category	Cat Pos	Gender	Gen Pos	Club
2	1018	Michael Stott	35:12:00	SEN	2	Male	2	Blyth Running Club
8	369	David Bennett	37:47:00	SEN	4	Male	7	Blyth Running Club
9	479	Henry Madden	38:35:00	SEN	5	Male	8	Blyth Running Club
12	318	Robin Kane	40:14:00	SEN	6	Male	10	Blyth Running Club
16	346	Robert Andrew Barkley	42:32:00	V45	2	Male	12	Blyth Running Club
20	431	Steve Dobby	43:30:00	V45	3	Male	16	Blyth Running Club
24	1033	John Younger	44:26:00	V40	3	Male	19	Blyth Running Club
27	439	Martin Fairbairn	44:53:00	V40	4	Male	22	Blyth Running Club
30	1003	Mark Rudkin	45:26:00	V40	5	Male	25	Blyth Running Club
38	1015	Alan Stewart	47:49:00	V50	3	Male	33	Blyth Running Club
53	1016	Janice Stewart	51:47:00	V45	1	Female	7	Blyth Running Club
61	442	Stephen Forster	54:17:00	V55	5	Male	52	Blyth Running Club
63	488	Tom Moffett	54:40:00	V45	9	Male	53	Blyth Running Club
75	480	Claire Mason	58:19:00	V55	1	Female	16	Blyth Running Club

