



## Winter Youth Development Workshops

With more and more young people getting involved in our sport, a series of coaching workshops has been arranged to support coaches working with children between the ages of 8 and 15. All workshops are 6.00-9.00pm

### An introduction to Athletics 365

Fyndoune Community College, Durham – Wed 8<sup>th</sup> December

Sporting Club, Cramlington – Wed 15<sup>th</sup> December

### Sports Coach UK Fundamentals of Movement

Concordia Leisure Centre, Cramlington – Wed 12<sup>th</sup> January

Fyndoune Community College, Durham – Wed 19<sup>th</sup> January

### Sports Coach UK Positive Behaviour Management

Concordia Leisure Centre, Cramlington – Wed 16<sup>th</sup> February

Fyndoune Community College, Durham – Wed 23<sup>rd</sup> February

### Athletics 365 – Physical Preparation / Athlete Screening

Concordia Leisure Centre, Cramlington – Wed 16<sup>th</sup> March

Fyndoune Community College, Durham – Wed 23<sup>rd</sup> March

To register for any of the workshops please contact  
John Stacey ([jstacey@englandathletics.org](mailto:jstacey@englandathletics.org)) or  
Emma Williams ([ewilliams@englandathletics.org](mailto:ewilliams@englandathletics.org))

