Place	Toam #	Runner #	Time	Team Name	name	Gender
1	20	156	33:13.56	Geoff Capes and the Burly Men	Richard Johnson	Male
2	25	198	34:22.21	Junkyard Dogs	Rhys Durrant	Male
3	20	153	34:22.82	Geoff Capes and the Burly Men	Ben Cook	Male
4	10	74	34:26.14	Running Flunks	Jimmy Anderson	Male
5	19	152	34:56.77	Eight leggy freaks	Joe Cherry	Male
6	10	78	34:58.23	Running Flunks	Mark Snowball	Male
7	20	154	35:22.65	Geoff Capes and the Burly Men	Rory McConnachy	Male
8	10	73	35:35.57	Running Flunks	Paul West	Male
9	BRC	271	35:51.94	Blyth Running Club	Michael Stott	Male
10	10	77	35:55.12	Running Flunks	lan Dunn	Male
11	22	169	35:55.61	Lost in Pace	Patrick Houghton	Male
12	19	145	36:55.10	Eight leggy freaks	Jonathan Boxshall	Male
13	5	34	37:00.19	Monkey Runners	Greg Penn	Male
14	BRC	242	37:38.58	Blyth Running Club	David Bennett	Male
15	18	143	37:51.25	Done a runner	Nick Lavin	Male
16	19	149	37:55.65	Eight leggy freaks	Jonny Law	Male
17	BRC	260	38:13.47	Blyth Running Club	Henry Madden	Male
18	13	101	38:32.01	You are, as always, a racing ferret!	Paul Harris	Male
19	21	162	38:33.72	Cirque du Sore Legs	Graham Clark	Male
20	20	157	38:35.34	Geoff Capes and the Burly Men	Alex Cook	Male
21	19	151	38:41.24	Eight leggy freaks	Molly Pace	Female
22	13	98	38:47.14	You are, as always, a racing ferret!	Chris Waite	Male
23	7	55	39:12.30	Rockcliffe B Team	Mike Taggart	Male
24	13	97	39:21.47	You are, as always, a racing ferret!	David Quinn	Male
25	30	234	39:44.43	Premature Acceleration	Joanthan Murphy	Male
26	28	217	39:49.28	Rocks Star's	Paul Robinson	Male
27	19	146	39:52.05	Eight leggy freaks	Jack Taylor-Burns	Male
28	10	79	40:02.75	Running Flunks	Chris Snowball	Male
29	25	193	40:34.50	Junkyard Dogs	Dan Venner	Male
30	21	165	40:38.54	Cirque du Sore Legs	Rich Fawcett	Male
31	9	72	40:40.26	Jamison's 2021 Reserves	Vicky Houghton	Female
32	29	231	41:03.90	The Full Claremonty	Tom Tinsely	Male
33	NSP	241	41:23.92	North Shields Poly	James Thompson	Male
34	22	173	41:40.24	Lost in Pace	Matthew Price	Male
35	26	207	41:52.28	Swift Runners	Phil Lancaster	Male
36	6	43	41:55.16	Run EMC	Natasha Harvey	Female
37	17	133	42:03.97	Fast Action Heroes	steve clark	Male
38	29	225	42:08.48	The Full Claremonty	Laurie Johnson	Male
39	BRC	268	42:27.73	Blyth Running Club	Dayle Stafford	Male
40	22	172	42:40.73	Lost in Pace	Paul Seed	Male
41	18	142	42:45.56	Done a runner	Abi Timms	Female
42	4	25	42:47.41	Never Mind The GP	Roger Mosedale	Male
43	25	197	42:53.06	Junkyard Dogs	Paul Luzanycia	Male
44	10	80	42:56.05	Running Flunks	Natalie Lye	Female
45	7	51	43:04.09	Rockcliffe B Team	Peter Wallis	Male
46	3	20	43:06.62	Case of the Runs	Daryl Cooke	Male
47	4	26	43:07.62	Never Mind The GP	Simon Jamison	Male
48	6	41	43:08.58	Run EMC	Alison Smith	Female
49	16	124	43:27.28	Geoffrey's Midnight Runners	Andy Scurr	Male
50	26	205	43:40.13	Swift Runners	Charles Hall	Male
51	6	48	43:42.61	Run EMC	Natalie Osborn	Female
52	24	187	43:47.41	All About the Pace	Paul Brennan	Male

53	BRC	244	43:55.55	Blyth Running Club	Will Brindley	Male
54	7	50	44:02.35	Rockcliffe B Team	Graham Hall	Male
55	14	110	44:16.71	Huw and Cry	Wayne Kavanagh	Male
56	4	31	44:19.53	Never Mind The GP	Matt Wilson	Male
57	16	121	44:27.19	Geoffrey's Midnight Runners	Geoff Blair	Male
58	BRC	266	44:29.80	Blyth Running Club	Martin Scott	Male
59	29	226	44:31.25	The Full Claremonty	Nicki O'Brien	Female
60	13	100	44:36.52	You are, as always, a racing ferret!	Ricky Davidson	Male
61	BRC	274	44:37.36	Blyth Running Club	John Younger	Male
62	28	222	44:46.05	Rocks Star's	Maria Duenas	Female
63	BRC	249	44:57.43	Blyth Running Club	Luke Dickinson	Male
64	25	195	45:01.12	Junkyard Dogs	Barrie MacKenzie	Male
65	10	76	45:08.28	Running Flunks	Dave Stainthorpe	Male
66	16	123	45:11.80	Geoffrey's Midnight Runners	Michael Clemmetson	Male
67	7	56	45:15.53	Rockcliffe B Team	Ben Willcox	Male
68	29	229	45:16.80	The Full Claremonty	Ben Hardy	Male
69	16	122	45:20.20	Geoffrey's Midnight Runners	Simon Wells	Male
70	8	63	45:21.79	Happy Soles	Craig Scope	Male
71	4	32	45:23.60	Never Mind The GP	Simon Ward	Male
72	9	65	45:24.40	Jamison's 2021 Reserves	Paul Bain	Male
73	19	147	45:30.23	Eight leggy freaks	Paul Simmons	Male
74	29	232	45:30.77	The Full Claremonty	David Roberts	Male
75	17	130	45:31.16	Fast Action Heroes	jonny rowson	Male
76	2	13	45:37.75	MNRC	Brendan Abbott	Male
77	21	164	46:16.75	Cirque du Sore Legs	Andrew Wilson	Male
78	BRC	251	46:18.99	Blyth Running Club	Martin Fairbairn	Male
79	22	171	46:19.95	Lost in Pace	Gemma Wallett	Female
80	2	9	46:23.97	MNRC	lan Hearn	Male
81	11	84	46:28.91	Angels of the North	Heather Allaway	Female
82	1	6	46:52.00	Shreddie Knitters	John Sayer	Male
83	15	120	47:04.15	Lightning Seeds	David Wright	Male
84	3	22	47:05.52	Case of the Runs	Frances Kavanagh	Female
85	11	85	47:06.92	Angels of the North	Heather Lambert	Female
86	30	240	47:16.38	Premature Acceleration	Wendy Pawsey	Female
87	24	188	47:28.44	All About the Pace	Ivan Thorn	Male
88	BRC	262	47:31.11	Blyth Running Club	Neil Marshal	Male
89	14	108	47:32.76	Huw and Cry	Tanya Hedley	Female
90	26	208	47:43.50	Swift Runners	Stephen Heads	Male
91	21	161	47:46.05	Cirque du Sore Legs	Quynh Nguyen	Female
92	14	112	47:55.38	Huw and Cry	Alan Whitley	Male
93	25	196	48:05.79	Junkyard Dogs	David Williams	Male
94	6	45	48:08.46	Run EMC	David Crowe	Male
95	16	125	48:12.90	Geoffrey's Midnight Runners	Pete Jackson	Male
96	3	17	48:20.28	Case of the Runs	Mark Dutton	Male
97	22	175	48:28.09	Lost in Pace	Gyles Ellison	Male
98	26	206	48:35.96	Swift Runners	Mark Shorting	Male
99	4	27	48:52.96	Never Mind The GP	Helen Gardiner	Female
100	BRC	247	49:00.42	Blyth Running Club	Nikki Courtney	Female
101	15	113	49:10.82	Lightning Seeds	Helen Lilley	Female
102	9	70	49:17.99	Jamison's 2021 Reserves	John Dobson	Male
103	20	159	49:22.02	Geoff Capes and the Burly Men	Michael Gibson	Male
104	29	227	49:24.27	The Full Claremonty	Nina Jensen	Female
105	2	11	49:30.65	MNRC	Judith Correia	Female

106	4	30	49:32.23	Never Mind The GP	Helen Heaney	Female
107	27	215	49.32.23	Monkey Allsorts	Kristy Wonders	Female
107	BRC	269	49.32.88	Blyth Running Club	Alan Stewart	Male
108	26	202	49:48.00	Swift Runners	Colin Winter	Male
110	3	19	49:49.14	Case of the Runs	Mark Barrett	Male
111	17	134	49.49.14	Fast Action Heroes		Female
112	7	53	50:04.80	Rockcliffe B Team	laura greaves Jason Nash	Male
113	20	158	50:04.80	Geoff Capes and the Burly Men	John Cook	Male
114	23	180	50:11.00	Scrambled Legs	Naomi Reid	Female
115	23	16	50:14.77	MNRC	Michael Reed	Male
116	30	233	50:32.02	Premature Acceleration	Sarah Clarke	Female
117	24	189	50:34.97	All About the Pace	Simon Gent	Male
118	5	40	50:40.91	Monkey Runners	Simon Huntley	Male
119	11	88	50:47.57	Angels of the North	Jenny Friend	Female
120	21	163	51:15.14	Cirque du Sore Legs	John Lavender	Male
121	24	191	51:13.14	All About the Pace	Simon Cotterill	Male
122	27	212	51:23.65	Monkey Allsorts	John Laws	Male
123	17	129	51:26.95	Fast Action Heroes	paul sherburn	Male
124	30	235	51:30.17	Premature Acceleration	Laura Hope	Female
125	14	106	51:37.85	Huw and Cry	Kelly Hannah	Female
126	17	131	51:37:03	Fast Action Heroes	vicky rowson	Female
127	BRC	265	51:41.93	Blyth Running Club	Adam Rowe	Male
128	17	132	51:43.98	Fast Action Heroes	kate hall	Female
129	6	47	52:10.00	Run EMC	Claire Adams	Female
130	9	69	52:13.15	Jamison's 2021 Reserves	David Saunders	Male
131	BRC	270	52:26.76	Blyth Running Club	Janice Stewart	Female
132	16	127	52:43.12	Geoffrey's Midnight Runners	Kate Robson	Female
133	BRC	245	52:45.12	Blyth Running Club	Sue Browning	Female
134	BRC	252	53:02.57	Blyth Running Club	Stephen Forster	Male
135	18	139	53:05.79	Done a runner	Linda Bulfin	Female
136	19	150	53:09.81	Eight leggy freaks	Isabel Clough	Female
137	29	228	53:20.09	The Full Claremonty	Tara Hipwood	Female
138	14	111	53:22.45	Huw and Cry	Louise Coultate	Female
139	7	52	53:46.33	Rockcliffe B Team	Doug Michael	Male
140	BRC	259	53:57.64	Blyth Running Club	Julie Lemin	Female
141	30	236	54:08.33	Premature Acceleration	Lisa Wild	Female
142	28	220	54:11.62	Rocks Star's	Luke Woodend	Male
143	15	114	54:28.76	Lightning Seeds	Lucy Craig	Female
144	1	4	54:29.53	Shreddie Knitters	Claire Twinn	Female
145	11	83	55:06.22	Angels of the North	Judith Archibold	Female
146	15	115	55:35.25	Lightning Seeds	Angela Brown	Female
147	23	181	55:37.71	Scrambled Legs	Jane Ridley	Female
148	BRC	254	55:43.26	Blyth Running Club	Alison French	Female
149	BRC	255	55:44.09	Blyth Running Club	Steven French	Male
150	1	8	55:58.12	Shreddie Knitters	Allan Amis	Male
151	23	178	56:19.60	Scrambled Legs	David Lopez	Male
152	23	184	56:20.11	Scrambled Legs	Phil Dort	Male
153	21	167	56:55.45	Cirque du Sore Legs	Amy Auld	Female
154	21	166	57:01.82	Cirque du Sore Legs	Karen Nicholls	Female
155	8	59	57:50.44	Happy Soles	Anita Attala	Female
156	8	61	57:52.76	Happy Soles	Ettiene Attala	Male
157	3	21	58:08.92	Case of the Runs	Peter Rendall	Male
158	22	174	58:17.03	Lost in Pace	Sian Salter	Female

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159	1	1	58:29.41	Shreddie Knitters	Heather Gould	Female
160	9	67	59:04.73	Jamison's 2021 Reserves	Chris Kurji-Smith	Male
161	30	239	59:15.69	Premature Acceleration	Joanne Watson	Female
162	22	176	59:23.19	Lost in Pace	Emily Ellison	Female
163	5	36	59:34.73	Monkey Runners	Michelle Armstrong	Female
164	BRC	272	59:52.50	Blyth Running Club	Amy Tyler	Female
165	BRC	250	59:52.88	Blyth Running Club	Katie Donaldson	Female
166	18	144	01:00:00.79	Done a runner	Joan O'Neill	Female
167	12	91	01:00:06.19	Legs Miserables	Joanne Somerville	Female
168	BRC	267	01:00:14.78	Blyth Running Club	Sharon Stafford	Female
169	18	138	01:00:15.69	Done a runner	Sue Rogers	Female
170	27	214	01:00:26.33	Monkey Allsorts	Helen Riding	Female
171	27	209	01:00:44.69	Monkey Allsorts	Stephen Glover	Male
172	25	194	01:00:45.34	Junkyard Dogs	Mandy Venner	Female
173	30	237	01:00:50.24	Premature Acceleration	Steph Taylor	Female
174	12	94	01:01:06.61	Legs Miserables	Julie Ryder	Female
175	8	60	01:01:16.18	Happy Soles	Julie Herdman-Burns	Female
176	BRC	256	01:01:16.89	Blyth Running Club	Kathryn Gillie	Female
177	11	86	01:01:10.89	Angels of the North	Jacquetta Groves	Female
178	11	87	01:01:18.90	Angels of the North	Collette Anderson	Female
179	24	190	01:01:19.72	All About the Pace	Sarah Raine	Female
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180			01:01:37.40	Monkey Runners	Sam Glen	Female
181	24	186	01:01:45.83	All About the Pace	Lucy Sutcliffe	Female
182	2	15	01:01:46.78	MNRC	Linda Bartram	Female
183	BRC	261	01:01:58.39	Blyth Running Club	Christine Marsh	Female
184	5	33	01:02:07.10	Monkey Runners	Gemma Thompson	Female
185	12	96	01:02:15.73	Legs Miserables	Gillian Thompson	Female
186	5	35	01:02:41.07	Monkey Runners	Amanda Penn	Female
187	21	168	01:02:42.77	Cirque du Sore Legs	Linda Hodgson	Female
188	8	62	01:02:54.19	Happy Soles	Amy Herdman-Burns	Female
189	BRC	264	01:03:39.93	Blyth Running Club	Paul Ridley	Male
190	12	93	01:04:06.45	Legs Miserables	Karen Falcus	Female
191	27	213	01:04:09.03	Monkey Allsorts	Joanna Malia	Female
192	15	117	01:04:46.47	Lightning Seeds	Colin Brown	Male
193	2	10	01:04:51.59	MNRC	Helen Hearn	Female
194	14	109	01:05:07.47	Huw and Cry	Rosa Fojut	Female
195	12	95	01:06:10.93	Legs Miserables	Leigh Moor	Female
196	27	211	01:06:11.93	Monkey Allsorts	Katie Hardy	Female
197	28	224	01:07:22.94	Rocks Star's	Lena Webster-Costella	Female
198	28	223	01:07:44.70	Rocks Star's	Rose Hawkswood	Female
199	12	90	01:10:06.57	Legs Miserables	Rachel Beynon	Female
200	2	14	01:11:08.78	MNRC	Paula Abbott	Female
201	BRC	246	01:11:55.61	Blyth Running Club	Michelle Castro	Female
202	BRC	263	01:11:58.72	Blyth Running Club	Glen Maxwell	Male
203	1	7	01:16:12.45	Shreddie Knitters	Peter Donaghy	Male
204	27	216	01:16:54.30	Monkey Allsorts	Anna Aldous	Female
205	BRC	248	01:20:35.09	Blyth Running Club	Rachel Danielson	Female