



# Running Shorts

News for Blyth Juniors

## December 2016



### Subscriptions

The annual subscriptions will be due from January 1<sup>st</sup>.

### Christmas Party

This year we will be going Ice Skating at Whitley Bay Ice Rink on Tuesday 20<sup>th</sup> December. Cost will be £7.50 for hire of skates etc, meet at reception at 18:45. See Keith for further details

### Training

On Monday 19<sup>th</sup> December we will be training as normal at Bede School. This will be the last Monday night training session for 2016, we will resume on Monday 9<sup>th</sup> January 2017 at Bede as usual.

### Facebook

We have Facebook group for Blyth Running Club Juniors, which will keep everybody up to date with everything going on with the BRC juniors. Training info, fixtures, and competition results and reports can all be found here. We only allow members or their parents to join the group.

The coaches maybe organising some daytime sessions during holidays so keep looking at the facebook page

### Cross Country

The next cross country is Saturday 7<sup>th</sup> January at Herrington Park, Sunderland

### Indoors Competitions

There will be a Regional Sportshall Final in March as well and we will require Juniors from the Club in School Years 5,6,7,8 and 9 and 10

### Club Statement

In the light of recent events in the media - particularly connected to Youth Football - we want to reassure all members, and parents of members, of what we have in place with regards to Safeguarding.

We have always followed the English Athletics guidance for Safeguarding - for both juniors and vulnerable adults - and will continue to do so. We have a male and a female welfare officers.

If anyone ever has any issue or concern, around any Blyth Member or Volunteers behaviour or anything considered inappropriate, please don't hesitate to bring this to our attention. Blyth is the only athletics Club in South East Northumberland which has a clubmark accreditation. This means that all our coaches within the Club have been vetted by the DBS service (The Disclosure and Barring Service (DBS) helps employers make safer recruitment decisions and prevent unsuitable people from working with vulnerable groups, including children) and all the coaches are affiliated to UKA

### What is Clubmark?

Clubmark is the universally acknowledged cross sport accreditation scheme for community sports Clubs.

Clubmark aims to make sure the nation's sports Club infrastructure is safer, stronger and more successful and stands for higher standards of welfare, equality, coaching and management in community sports Clubs.

It will show that your Club provides the right environment ensuring the welfare of members and encouraging everyone to enjoy sport and stay involved throughout their lives.

An accredited Club is recognised as a safe, rewarding and fulfilling place for participants of all ages, as well as helping parents and carers know that they're choosing the right Club for their young people.

Be sure to tell all of your friends about the club and encourage them to come along and join. As a member you are the best advertising that the club has got.

[www.blythrunningclub.org.uk](http://www.blythrunningclub.org.uk)